

## Keynotes for Children Youth & Families February 2010



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### Workshops & Conferences

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#### Lessons from the Field:

##### **A Race, Culture and Children's Mental Health Series**

*Feb 17 & Mar 18*

*9:00 a.m. to 12:30 a.m.*

*Coffman Union Theater, University of Minnesota, Minneapolis East Bank Campus and broadcast live to host sites in Greater Minnesota.*

The Center for Excellence in Children's Mental Health and Harris Programs of the University of Minnesota are partnering this year to sponsor a series on culture in the context of children's mental health. The combined series features three Lessons from the Field workshops as well as the annual spring Harris Forum.

Workshop 2: *February 17, 2010*

##### *Intersection of Culture and Children's Mental Health in working with Immigrant & Refugee Families*

Presenter: Panel of faculty and community professionals

Workshop 3: *March 18, 2010*

##### *Promoting Child Well-being and Early Intervention within a Cultural Context*

Presenter: *Brenda Jones Harden, University of Maryland*

For more information about the series and a list of Greater Minnesota host sites visit:

[http://www.cmh.umn.edu/culture/culture\\_2009-2010.html](http://www.cmh.umn.edu/culture/culture_2009-2010.html).

#### **Minnesota Association of Children's Mental Health Winter Training Series –**

*Registration Fee: \$69.00 per 1/2 day session MACMH publications: 25% discount with registration!*

For everyone who cares for or works with infants, children, or youth.

3 Continuing Education Credits per session: Sessions are designed to meet CEH credits recognized by boards of Psychology; Social Work; Nursing; Education; Marriage & Family Therapy; Behavioral Health & Therapy. Certificates of attendance are provided for other fields.

#### **How Observation Skills Guide Birth to Three Mental Health Work**

*(Co-hosted by Fridley Early Childhood Family Education & Fridley Community Center)*

- Thurs, Feb 25 – Richfield, MN (9:00a.m. – Noon)
- Mon, Mar 1 – Fridley, MN (9:00a.m. – Noon)

#### **Using Multiple Perspectives in Relationship-based Work with Children Birth to Three and Their Parents**

*(Co-hosted by Fridley Early Childhood Family Education & Fridley Community Center)*

- Thurs, Feb 25 – Richfield, MN (1:15p.m. – 4:15p.m.)
- Mon, Mar 1 – Fridley, MN (1:15p.m. – 4:15p.m.)

### **Promoting Infant Mental Health: Working with Families in Transition**

- Wed, Feb 24 – St. Cloud, MN (9:00a.m. to Noon)
- Thurs, Mar 4 – Brainerd, MN (9:15a.m. to 12:15p.m.)

### **Adolescents and Reactive Attachment Disorder: Advances in Treatment and Parenting Strategies**

- Wed, Mar 3 – Richfield (1:00 – 4:00p.m.)
- Mon, Mar 15, N St. Paul (9:00a.m. to Noon)

### **Supporting Behavioral Regulation with Responsive Interactive Strategies: The Play to Talk Protocol**

- Tuesday, March 9 - North St. Paul (9:00 a.m. to Noon)
- Tuesday, March 16 – Minnetonka (1:00 p.m. – 4:00 p.m.)

### **Child & Adolescent Depression, Self-harm and Suicide Risk: Assessment, Diagnosis and Treatment**

- Thurs, Mar 18 – Minnetonka (9:00a.m. – Noon)
- Thurs, Mar 25 – N. St. Paul (9:00a.m. – Noon)

Visit <http://www.macmh.org/PDFs/MTSwint6.pdf> to download the flyer and registration form.  
<http://fs17.formsite.com/ajtighe/form236038278/index.html> Click here to register online.

### **Sexting and Cyberbullying in the Age of New Technology**

*with Brian Stoll, Senior Probation Agent, Wright County Court Services*

*March 5, 2010, 1:00-3:00*

*Metropolitan State University, New Main*

*700 East Seventh Street, St. Paul, MN*

This presentation helps educate those working with youth on the seriousness of sexting and cyberbullying. It focuses on the consequences of sexting and different strategies of how law enforcement and corrections may handle the crime when dealing with youthful offenders. It also addresses cyberbullying, specifically how traditional bullying has morphed into the new and more dangerous bullying with the use of technology. This presentation uses statistics, videos, first-hand stories, and other valuable insights to further the education of professionals working with youth.

This training is applicable to all youth service providers. You will learn how to prevent sexting and cyberbullying and work with youth who may have committed the crime out of negligence. CEU's: certificate of attendance will be given.

Parking is available for \$2.50 in the lot on Maria Ave.

#### *Registration:*

Free/YIPA Members, \$25/Non-YIPA Members.

Deadline: March 1, 2010

For more information or to register visit: <https://netforum.avectra.com/>.

*(Members must register online as well.)*

For more information about the Minnesota Youth Intervention Programs Association visit [www.mnyipa.org](http://www.mnyipa.org) or contact us at [news@mnyipa.org](mailto:news@mnyipa.org), 888.945.9472.

### **Medica Foundation Informational Meeting**

Wednesday, March 10, 2010

1:00 - 2:30 PM

CentraCare Health Foundation, 1900 CentraCare Circle, St. Cloud, MN 56303

**YOU ARE INVITED!** Please join us for an informational forum with *JoAnn Birkholz*, manager of the Medica Foundation on March 10<sup>th</sup>, to review the Medica Foundation's 2010 funding priorities for Greater Minnesota nonprofit organizations, local units of government and school districts. The Medica Foundation *provides funding for community-based initiatives and organizations that address the underlying causes and factors inhibiting optimal health*. These programs should demonstrate measurable improvement in the availability, access and quality of health care in the communities we serve. JoAnn will provide information about the foundation's funding priorities, application process and deadlines. In order to prepare for the session, attendees are encouraged to visit the foundation's website beginning on March 1<sup>st</sup> to review the funding priorities in advance - <http://www.medica.com/C10/MedicaFoundation1/default.aspx>.

To register, e-mail Julie Bartos at [bartosj@centracare.com](mailto:bartosj@centracare.com) or call 320.251.2700 ext 51153. For specific program questions, contact Heather Craig or JoAnn Birkholz at [foundation@medica.com](mailto:foundation@medica.com) or call 952-992-2060. (Directions will be sent with your confirmation email.)

### **Save the Dates**

**March 7 – 10, 2010** - The 23rd Annual Children's Mental Health Research & Policy Conference seeks to enhance the effectiveness of services and systems for children and youth with mental health challenges and their families. Participants will learn, inform, network and discuss issues related to research policy and practice in children's mental health; discuss children's mental health from a systems and community perspective; and engage in spirited and cutting-edge discussions about new research and policy ideas that are family-driven and youth-guided. For more information, visit: <http://rtckids.fmhi.usf.edu/e-news/23rdCall.html>

**April 7, 2010 - The 2010 Minnesota Annual Child Abuse and Neglect Prevention Conference: Prevention Works! Taking the Message Home** - At St. Cloud Civic Center. This year's conference features in-depth workshops on nationally recognized strategies that participants can use in their home communities to promote the wellbeing of children, families and communities. Featured presenters include Prevent Child Abuse America President Jim Hmurovich, the "Good Enough Moms" Marti Ericson and Erin Erickson Garner, Cordelia Anderson, Casa de Esperanza's Ambar Cristina Hanson and Olga Trujillo, and more! Visit <http://www.pcamn.org> for full information and to register as a participant or an exhibitor. Early Bird rates apply until March 16.

**May 12th, 2010 - Harris Forum: Child-Parent Psychotherapy in a Cultural Context: Repairing the Effects of Trauma on Early Attachment**  
Coffman Union Theater, University of Minnesota, Minneapolis East Bank Campus and broadcast live to host sites in Greater Minnesota Alicia Lieberman, University of California - San Francisco. For more information or to register, visit: <http://www.cmh.umn.edu>

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### **Things to Know**

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#### **Legislators & Kids "Do Lunch!"**

*By Robert Hanks*

On Tuesday, January 12, local legislators joined families from the Sauk Rapids/Rice Family Literacy program for a 'Legislator Lunch with Children'. The event was co-sponsored by Child Care Choices, Playhouse Childcare and Thrive.

Rep. Steve Gottwalt, Dist. 15A, Larry Haws, Dist. 15B, Larry Hosch, Dist. 14B, and Dan Severson, District 14A joined with Senators Tarryl Clark, Michelle Fischbach and Sauk Rapids School Board member Mark Hauck as they shared school lunch and conversation with early childhood families. Highlights of the event included a shared meal with families and legislators and a short presentation by parents whose families have participated in various early childhood programs including Child Care, Head Start, Preschool and Family Literacy. Legislators also had the opportunity to observe classrooms and the interaction between early childhood teachers and their students.

More photos of the event can be found at: [www.facebook.com/ifound](http://www.facebook.com/ifound).

For more information about Thrive, an Initiative Foundation sponsored group, contact Jane Ellison 320-258-1103

### **Position Opening at the Initiative Foundation**

*Please pass along this position opening to anyone that you think might be interested.*

PROGRAM SPECIALIST: Regional foundation seeks experienced organizer with human service, training and community development background to support citizen-driven coalitions working on children/youth/family issues. Bachelor's degree in community development, human services, education or related with three years experience or equivalent. Visit [http://www.ifound.org/aboutus\\_employment.php](http://www.ifound.org/aboutus_employment.php) to obtain an application (required) and submit with resume *by February 19, 2010* to: Initiative Foundation, 405 First Street SE, Little Falls, MN 56345.

### **Pepsi's Refresh Project Awards Fresh Ideas**

Pepsi-Cola will be awarding more than \$20 million in 2010 for fresh ideas! Their Pepsi Refresh Project invites people, businesses and nonprofits to submit their creative ideas for "moving the world forward" by improving their local communities and neighborhoods. Ideas can be submitted in one of six different categories:

- Health
- Arts & Culture
- Food & Shelter
- The Planet
- Neighborhoods
- Education

Ideas can be submitted at any time (up to 1,000 will be accepted every month) via the [refresheverything.com](http://refresheverything.com) website and then the public's votes decide which ideas get funded.

For more info [watch their video on YouTube](#), [download the news release](#) or visit [www.refresheverything.com](http://www.refresheverything.com) to submit your idea and vote!

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## **Resources for Children, Youth & Families**

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**Engaging Fathers: Strengthening Families** – Color slides and handouts from James McHale's keynote, Beyond the Dad, are now available on the 2010 Strong Foundations Fatherhood Summit home page <http://www.regonline.com/strongfoundations2010>.

**Survey of Children's Exposure to Violence** – released from The Office of Juvenile Justice and the Center for Disease Control and Prevention, this is an overview of results from a national survey. The results show how children in the United States are more likely to be exposed to violence and crime than adults, and discuss topics including children's exposure to various types of violence, the most common victimizations for various age groups, and implications for policy makers, researchers and practitioners. The full report can be found at: <http://www.ncjrs.gov/pdffiles1/ojjdp/227744.pdf>

**Simplified EITC Community Campaign Kit** - is now available for tax year 2009 as a free PDF download from The Northwest Area Foundation's website: [toolbox.nwaf.org](http://toolbox.nwaf.org). Select "Earned Income Tax Credit Tools" from the left-hand navigation bar, then open the PDF by clicking on the PDF icon. From there you can "Save a Copy" to your computer or print only the pages you need/want for your purposes.

**SAMHSA's Comprehensive Community Mental Health Services Program for Children and Their Families** - Launched by the Substance Abuse & Mental Health Services Administration's Center for Mental Health Services in 1992, the program promotes a coordinated, community-based approach to care for children and adolescents with serious mental health challenges and their families. To read the article, please visit: [http://samhsa.gov/samhsanewsletter/Volume\\_17\\_Number\\_4/CoordinatingCare.aspx](http://samhsa.gov/samhsanewsletter/Volume_17_Number_4/CoordinatingCare.aspx)

**General Resources:**

- [Getting School Ready in Minnesota Brochure](#)
- [Minnesota Early Childhood Initiative \(MECI\) Fact Sheet](#)
- [THRIVE Fact Sheet](#)
- Inside-Out Connections Caregiver Guide: ["How to Explain Jails and Prisons to Children"](#)

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*This newsletter is designed to share funding opportunities, resources, and conferences or training events of common interest for program participants and supporters of the Initiative Foundation. For more information about these and other training opportunities, contact Linda Kaufmann, Sr. Program Manager for Children, Youth & Families at [lkaufmann@ifound.org](mailto:lkaufmann@ifound.org).*

*If you wish to be removed, update your email address or change your subscription preferences please contact Jolene at [jhoward@ifound.org](mailto:jhoward@ifound.org).*