

## Keynotes for Children, Youth & Families March 2009



INITIATIVE  
FOUNDATION

---

### Workshops & Conferences

---

#### **Engaging Fathers in Literacy: An Introduction to Father-Friendly Literacy Programs**

*April 14, 2009*

Initiative Foundation

No fee to attend, but registration is required.

Participants will learn about FRED (Fathers Reading Every Day) and how to implement it in their community, participate in an interactive session about the “Run and Read” program, and gain a better understanding of how to engage fathers through literacy.

Space is limited. To reserve your seat, please contact Jolene Howard, [jhoward@ifound.org](mailto:jhoward@ifound.org), or 877-632-9255.

#### **2009 Prevent Child Abuse MN Conference “Prevention Works: Generations of Spirit, Hope & Action”**

*April 7-9, 2009*

St. Cloud Civic Center

An exciting lineup on speakers and workshops! Go to [www.pcamn.org](http://www.pcamn.org) for conference information and registration, a downloadable brochure, exhibitor contract registration, or to nominate your county for a Blue Ribbon Award.

#### **Initiative Awards: Join 500 VIPs for a Starry Night**

*Friday, April 17 | St. Cloud Civic Center*

Let the foundation be your celestial guide as we unlock the mystery of the stars at our 2009 Initiative Awards: *A Constellation of Community Service*. Join us as we honor six of central Minnesota’s most brilliant leaders and organizations. (HINT: One of those is an “Outstanding Youth” from St. Cloud!) Who is it? [Click here](#) to find out and sign up.

#### **Parenting with Wit and Wisdom**

*April 17, 2009*

*7:00 – 9:00 p.m.*

Shepherd of the Valley Lutheran Church, Apple Valley, MN

All parents are invited by District 196 Early Childhood Family Education Advisory Council to this very special event. Barbara Coloroso is a popular national speaker and author of *Parenting with Wit and Wisdom*, *Kids are Worth It!* and *Giving Your Child the Gift of Inner Discipline*. She has

ideas for parents of toddlers to teens. Come and enjoy an evening of humor and great parenting strategies. Followed by dessert reception and book signing.

Cost: \$10 per person / \$15 per couple in advance; \$15 per person / \$20 per couple at the door.  
Register online at: [http://ce.district196.org/Perficio/online/events/event\\_info.aspx?id=26318](http://ce.district196.org/Perficio/online/events/event_info.aspx?id=26318).

### **MACMH Child & Adolescent Mental Health Conference**

*April 26-28, 2009*  
DECC, Duluth, MN

For information visit [www.macmh.org](http://www.macmh.org).

### **What About the Baby? Nurturing Healthy Attachment in Young Families**

*April 30, 2009, 9:30 – 3:00 p.m.*  
*St. Cloud State University*  
*June 19, 2009, 9:30 – 3:00 p.m.*  
*Rochester Community & Technical College*

Early learning happens in the context of relationships. This workshop focuses on the importance of relationships – between adolescent parents and their children and between young families and the professionals who work with them. It offers insight into the strengths and challenges faced by young parents, the competing developmental agendas of the adolescent parents and their children, and strategies for promoting relationships that lead to the healthy development of both parent and child.

Cost: \$50 for MOAPP (Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting) members/\$85 for non-members/\$15 for public health staff working in MDH family home visiting programs.

For more information and to register for this training, see the [flyer and registration form](#).  
Questions? Contact Sue Fust at 651-644-1447 x15 or [sue@moapp.org](mailto:sue@moapp.org).

### **2009 Harris Forum: Bridging Research and Practice: Relational Interventions for At-Risk Infants and Toddlers**

*May 14, 2009*  
*1:00-1:30pm Registration; 1:30-3:30pm Lecture and Q&A*  
*Theater, Coffman Memorial Union, U of M East Bank, Minneapolis*  
Free Event—Pre-Registration is Requested by Friday, 5/8/09

Presented by Dr. Sheree Toth, Univ. of Rochester, Mt. Hope Family Center. For more information, contact Sara Zettervall (612) 625-2252 or [sarazet@umn.edu](mailto:sarazet@umn.edu), or visit <http://cehd.umn.edu/ceed/events/HarrisForum/harrisforum.htm>.

---

## Things to Know

---

### **Welcome Mille Lacs Band!**

Please join the Children, Youth and Families team in welcoming the Mille Lacs Band of Ojibwe as an Initiative Foundation-supported early childhood mental health coalition. The coalition will be developing projects and activities in order to improve the social and emotional development of young children in their community.

For more information about the early childhood mental health program, contact [Linda Kaufmann](#).

### **Infant Mental Health Course Offered at St. Cloud State**

'Introduction to Infant Mental Health: Interdisciplinary Perspectives' is a 3 credit course now being offered during the first summer session at SCSU. The class is interdisciplinary, including Social Work, Nursing, Special Education, Parent Education, Early Childhood Education, Psychology and Communications Disorders.

This class was designed by the Thrive Professional Learning Community, and will be taught by members of the PLC, along with Glen Palm, PhD. from the Child and Family Studies Department (the Professor of Record), and Jane Ellison, LMFT, Thrive Project Manager.

For more information, download the [course flyer](#) or contact Glen at [gfpalm@stcloudstate.edu](mailto:gfpalm@stcloudstate.edu).

### **Infant and Early Childhood Mental Health Certificate Program Applications Invited**

The Institute of Child Development and the Center for Early Education and Development are pleased to announce that applications are now being invited for the 2009-2011 Infant and Early Childhood Mental Health Certificate Program (IECMH). The next two-year cohort begins fall 2009. Classes are conducted at the University of MN Minneapolis campus.

To be considered for acceptance into the IECMH program, completed applications must be received in the CEED office by 5:00 pm on Friday, May 29, 2009. Full program description and application materials are available on the IECMH web site at <http://cehd.umn.edu/ceed/profdev/certificateprogram/IECMH/default.html>.

### **Inside-Out Connections Fact Sheet: Building Support for the Children of Incarcerated Parents**

- [download PDF](#)

### **Getting School Ready in Minnesota Brochure**

- [download PDF](#)

---

## Resources for Children, Youth & Families

---

### Winter 2008 IQ Magazine

Stressed family lifestyles, media experiences, traumatic events, and depressed, deployed or incarcerated parents may be forming a perfect storm for Minnesota's surge in early childhood mental health issues.

Some kids suffer in silence. Others are expelled from childcare. Parents follow a maze that winds through long waiting lists and declined insurance coverage to a few trained doctors and mental health pros. What do we need to know?

[Take a look at the Winter 2008 issue of IQ...](#)

**The Daddy Book**, a 70 page workbook to guide new fathers through the important stages of infant development with father-focused activities, reflections and developmental milestones, is available for \$2.50 each (pick up at MFFN) or \$4.50 (by mail). Contact MFFN at (651) 222-7432 or [info@mnfathers.org](mailto:info@mnfathers.org) for copies or visit [www.mnfathers.org/08daddybook.pdf](http://www.mnfathers.org/08daddybook.pdf) to download a free copy.

### Consultant Services for Early Childhood and School-Age Providers and Programs Available through the Center for Inclusive Child Care

The Center for Inclusive Child Care (CICC) provides on-site and phone consultation, free of charge, to early childhood care and education programs, school age programs, family child care and education programs, and preschool programs that are including a child with special needs. The definition of special needs includes Autism Spectrum Disorders, ADHD, physical disabilities, cognitive disabilities, and challenging behaviors. Consultation services can also be used if you have a concern about a child's development. The funding to support this program is provided by the Department of Human Services and the McKnight Foundation. The goals of the program include assistance in the retention of a child in the current child care setting, provision of transition support for a child starting a new program, and the enhancement of the services you offer to children and their families. Inclusion consultants collaborate with programs, providers, and parents offering technical assistance, specific strategies, recommendations, resources, and other types of assistance to help children be successful.

Expert Inclusion Consultants, coordinated by Dea Anderson through CICC, are available. If you have questions or are interested in the use of this service, please contact Dea by email at [dea@inclusivechildcare.org](mailto:dea@inclusivechildcare.org) or by phone at (612) 767-5159.

### Early Childhood Mental Health Wheels



Two colorful and user friendly developmental tools for parents and caregivers to learn about and promote social and emotional development in infancy, toddlerhood and the preschool years are available from the Michigan Association for Infant Mental Health, in both English and Spanish. [Show me the Wheels...](#)

---

*This newsletter is designed to share funding opportunities, resources, and conferences or training events of common interest for program participants and supporters of the Initiative Foundation. For more information about these and other training opportunities, contact Linda Kaufmann, Sr. Program Manager for Children, Youth & Families at [lkaufmann@ifound.org](mailto:lkaufmann@ifound.org).*

*If you wish to be removed, update your email address or change your subscription preferences please contact Jolene at [jhoward@ifound.org](mailto:jhoward@ifound.org).*