



## Expanded Learning Activities for: “The Tooth Book”

Brought to you by the Early Childhood Dental Network

This book is  
recommended for  
ages 3 and up

### For the adult caregiver reading this book:

This whimsical Dr. Seuss book describes, in a colorful way, the many different types of teeth, use of teeth, or lack of teeth.

Before you read the book, open the front cover and ask the child(ren):

- What different sizes and shapes of teeth do you see?
- Why do you think the animal needs this type of teeth?
- Together, count the sets of teeth pictured.

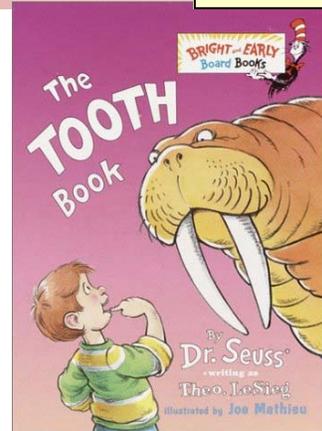
Explain to the child(ren) how different animals (people, too) use teeth for different purposes (eating, protection, building their homes, whistling, talking, smiling, etc.)

While you are reading,

- Pause after one or two of the animals and talk about what the animal would use their teeth for, or what kind of food they may eat.
- Ask the child(ren) or explain why some animals do not have teeth.
- Emphasize the importance of taking care of our teeth and not biting into hard items or using them as a tool.

After you are finished reading, ask the child(ren):

- What would it be like if you didn't have teeth?
- What foods would you miss eating if you didn't have teeth?
- How do you take care of your teeth?



### Song to Sing

#### “Get My Toothpaste, Get My Brush”

*Sung to the tune of Twinkle, Twinkle Little Star*

*Get my toothpaste, get my brush.  
I won't hurry, I won't rush.  
Making sure my teeth are clean.  
Front and back and in between.  
When I brush for quite a while,  
I will have a happy smile.*

Show the importance of teeth for talking, have the child(ren) sing the song again with “no teeth” by covering their teeth with their lips.

### Activity

Experiment with different foods to see how we use teeth. Gather items that use the different types of human teeth for—biting, tearing, chewing and a soft food or liquid that does not require teeth. Choose food items that are not a choking hazard and make sure to rinse or brush after this activity!

Brought to you by:



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